



NEWSLETTER OF THE FEDERATION FOR EXISTENTIAL THERAPY IN EUROPE

FROM THE CHAIR

Dear FETE members

We are pleased that you are part of our European Existential Community and I wanted to thank all the Trustees both past and present for all their hard work in making FETE what it is today. We celebrated our 10th Anniversary at the conference in Rome last year and look forward to meeting some of you at our conference in Bucharest next year. Further details can be found in the Newsletter.

Special thanks to Emiliano Farinella, Alex Herling, Gideon Menda and Anna Kourtis for all their work behind the scenes in creating a new website, do take a look at www.existentialtherapies.org - the new website will feature a directory of voting members as well as the activities of the research committees in addition to membership information and news items and events.

The Existential Encounters will take place again this year and more information will follow with titles and dates.

We are also delighted to have received and processed our first ECP application through FETE, our voting member is now accredited as an existential psychotherapist with the EAP. There is further information in this newsletter about how to apply. This is a great milestone for us and we hope the first of many.

We are currently looking for a new officer and trustee for FETE to take on the work of the Registrar. If you are a voting member please do consider the role. It is a wonderful opportunity to make a meaningful difference to the development of existential therapy in Europe and create a network of European colleagues. Likewise if you are an associate or voting member you might be interested in joining one of the FETE committees, please be in touch with the Chair of the committee if you would like to be more involved.

Finally, we have had to revise the date of our AGM please find further details in the newsletter.

All the best

Claire

FETE Chair



CONFERENCE · BUCHAREST 2027

7th European Conference for Existential Therapy: “Existential Freedom”

The 7th European Conference for Existential Therapy, “Existential Freedom,” will take place on 28-29 May 2027 in Bucharest, Romania.

This year, the conference is jointly organised by FETE and the Faculty of Philosophy at the University of Bucharest. It will be held at the Phoenicia Grand Hotel, Bucharest.

As always, this is a wonderful opportunity to meet the European existential psychotherapy community, learn, and explore new developments in existential therapy.

Call for abstracts closes

1 December 2026

Early bird tickets until

2 January 2027

For details on abstract submission, registration and tickets, visit the conference website. We very much look forward to seeing you in Bucharest!

existentialfreedom.eu →

ACCREDITATION

Apply for the European Certificate of Psychotherapy through FETE

FETE now offers a pathway to the European Certificate of Psychotherapy (ECP), awarded by the European Association for Psychotherapy (EAP). The ECP recognises psychotherapists who meet European standards of training and competence.

Applicants must first be voting members of FETE. To express interest, write to membership@existentialtherapies.org.

[Read more about the ECP →](#)

GET INVOLVED

Could you be FETE’s next Registrar?

We invite expressions of interest for the honorary position of Registrar. The Registrar chairs the Membership Committee, oversees membership applications and records, and serves as an Officer of the Executive Committee and a Trustee of the Board.

The role is open to voting members with good spoken and written English. To express interest, write to membership@existentialtherapies.org.

[See the full role description →](#)

SAVE THE NEW DATE · AGM

Sunday 13 June 2027

The next FETE Annual General Meeting has been rescheduled and will take place via Zoom.

Federation for Existential Therapy in Europe

existentialtherapies.org · membership@existentialtherapies.org

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